



Dining Options for Older Adults

Enjoy a hot, nutritious, mid-day meal! Meals are offered on a voluntary contribution basis!

What is Congregate Meal Service? Congregate Meal Service is dining in a communal setting for individuals 60 years and older; their spouse, regardless of spouse's age; and/or disabled adult, under 60, residing with an eligible older individual and/or reside in a housing facility that is occupied primarily by older individuals, at which congregate nutrition services are provided.

Congregate meals offer opportunities for socialization, nutrition education and counseling, a link to the ADRC, and other resources used to support the well-being and independence of older adults.

When do I sign up? You must call and make a meal reservation before **12:00 NOON the day before** eating at a Congregate Mealsite! Participants who make a meal reservation in advance will be given priority. A participant registration form is required annually.

Who do I contact to sign up?

You will speak with the Mealsite Manager to reserve a meal. **If you would like to make a meal reservation, please contact the Mealsite 24 hours in advance according to the chart below:**

Location:	Mealsite/Address:	Service Days:	Time:	Contact:
Appleton	Mary Beth Nienhaus Activity Center 3000 E. College Ave	Tuesday-Thursday	12:00 PM	920-858-5619
Appleton	Oneida Heights Apartments 525 N. Oneida Street	Monday - Friday	11:30 AM	920-209-4175
Kaukauna	Streets, Parks and Recreation Building 207 Reaume Avenue	Monday - Friday	11:30 AM	920-740-4641
Seymour	City Municipal Building 328 N. Main Street	Monday - Friday	11:30 AM	920-213-3490
Hortonville	Village Municipal Building 531 N. Nash Street	Monday - Friday	11:00 AM	920-740-4648
Appleton	Long Cheng Marketplace 1804 S Lawe St, Mays Kitchen	Tuesday	11AM-5PM	920-832-5178

**Subject to change. Call the Outagamie County ADRC 920-832-5178 for current Congregate Mealsite information.*

HOME DELIVERED MEAL SERVICE offers nutritious meals to Outagamie County residents 60 years and older who are homebound by reason of illness, disability or isolation. Call the Outagamie County ADRC 920-832-5178 to speak with an Information and Assistance Specialist to inquire about home delivered meal service eligibility.

NUTRITION PROGRAM VOLUNTEER OPPORTUNITIES are available at Congregate Mealsites. Interested volunteers may call 920-968-2414. Thank you for your interest!